Ayana Facials

**REVIVE & RENEW - ENERGISE & ANTI-AGEING**  R490
60 minutes
Precious oils from ancient baobabs are combined with extracts of jasmine and a powerful synergy of anti-oxidant & protective actives leaving your skin soft and renewed resulting in youthful radiance and plumping effect.

**PERFECT BALANCE – ANTI POLLUTION & DECONGEST**  R490
60 minutes
Extracts of neroli and precious rose replenish and decongest to balance and clear skin leaving your skin cleansed, glowing, hydrated and flawless.

**PURE RADIANCE – HYDRATE & RENEW**  R490
60 minutes
Marula, Rose, Geranium and YlangYlang essential oils are mixed into an invigorating blend of sheer skin bliss. Excellent for tired dehydrated skin, needing a special boost to even out texture and create a vibrant glow.

**GENTLEMEN FACIAL**  R490
60 minutes

Facial Enhancements

**Eyebrow Tint**  R 80
**Lash Tint**  R 80
**Eyebrow Shape**  R 80

Healing Earth Exclusive Facials

**TRI-ENZYME HIGH PERFORMANCE ANTI-AGEING**  R1200
90 minutes
A revolutionary treatment using the latest in tri-enzyme natural anti-ageing technology. The skin is firmed and rejuvenated using a unique tri-enzyme peptide formulation that deeply penetrates the epidermis without affecting its barrier function, visibly improving the signs of ageing. We apply two specialised serums for healthy ageing - one for massage, and the other to penetrate deeply into the epidermis to boost skin immunity from within.

Spa Etiquette

**CANCELLATION POLICY**
Please provide Ayana Spa with a minimum of 48hr notice when rescheduling your appointments. If a 48hr cancellation is not provided, 50% of the total treatment value will be charged.

**ARRIVAL**
To ensure you receive your full treatment time, please arrive 15 minutes prior to your treatment to change into the robe and slippers provided and to fill in our consultation form. All appointments will end at their scheduled time so that the next guest is not delayed or inconvenienced in any way.

**ATTIRE**
We respectfully request that underwear is worn for all treatments. Our therapists are trained to observe client modesty at all times. Swimwear is requested at all times in the sauna/steam room area. You will be provided with a robe, a pair of slippers and a secure space to store your belongings upon arrival.

**CONSULTATION**
We ask all guests to complete a mandatory consultation form on arrival so that our therapists can prepare your experience and offer expertise tailored to your needs. Please advise us when booking, of any relevant health conditions. Please remember to drink enough water when using our sauna and steam rooms and pay attention to certain health precautions.

**PREGNANCY**
Please note that we do not perform any massage treatments during the 1st trimester of pregnancy.

**MOBILE PHONES**
We ask that noise levels are kept to a minimum and for the comfort of others, please refrain from using your mobile phone. Your co-operation in providing a tranquil environment is greatly appreciated.

**SPA FACILITIES**
We provide complimentary use of the sauna and steam room for our guests upon booking a treatment at the Ayana spa. A charge of R500 per person is applicable for use of the facilities for the day without treatments scheduled.

Enjoy Your Ayana Spa Experience!
Body Massages

GENTLE GIANT BACK, NECK & SHOULDER MASSAGE
- 30 minutes R 390
- 45 minutes R 490
A traditional and relaxing massage at your desired pressure level to keep you feeling relaxed and de-stressed.

LAZY HIPPO FULL BODY MASSAGE
- 60 minutes R 650
- 90 minutes R 900
A luxurious blend of natural ingredients with shea butter that melts on contact with the skin. Focusing on relieving stress and muscle tension, this antioxidant rich treatment will help circulation and exfoliate dry skin while boosting the immune system.

HEAVENLY HABIBI FULL BODY MASSAGE BODY POLISH & BODY WRAP
- 90 minutes R1200
Exfoliate and rejuvenate dull dehydrated skin with our Pinotage Body Polish filled with apricot kernels. We wrap you in a clay body mask & end your experience with an invigorating full body massage in a blend of shea butter essential oils and luxurious body balms with extracts of Pinotage Grape seed, Kalahari Melon and Wheat Germ oils. Leaving your skin refreshed, toned, hydrated and nourished.

AFRICAN POTATO BALM FULL BODY MASSAGE
- 60 minutes R 850
- 90 minutes R1200
A restoring massage performed with Healing Earth’s award-winning African Potato Balm. Great for healing any kind of damaged or sensitised skin, from wound healing to eczema, psoriasis, chapped skin, allergies and more. Enjoy this pamper with the ultimate SOS balm for healing and reparation.

AYANA FULL AFRICAN BODY MASSAGE, BODY POLISH & BODY WRAP
MARULA NEROLI - Relax and uplift
KALAHARI MELON - Hydrate and protect
MONGO NUT - Detox
CINNAMON & ORANGE - Define and Sculpt
- 90 minutes R 900

SUN DAMAGE WRAP
- 30 minutes R 550
African Potato for heal and repair. Aloe After Sun Gel for soothing of the skin.

Ayana Spa Packages

ROLLING HILLS BACK MASSAGE & FACIAL R 790
90 minutes
Combine a facial and back massage for a top-to-toe pamper that leaves you nourished, refreshed and glowing.

BAOBAB RENEWAL FACIAL, SCRUB, WRAP & MASSAGE R1500
180 minutes
Combine a facial, body scrub, wrap and massage for a comprehensive treatment that leaves you feeling both relaxed and restored.

PRIDAL PAMPERING COUPLES SCRUB & FULL BODY MASSAGE R1800 per couple
- 90 minutes
Treat yourself and your loved one to an indulgent scrub and full body massage enjoyed together.

PERFECT COURTSHIP STEAM & SCRUB
- 45 minutes R650 per couple
- 45 minutes R 450
Spoil yourselves with a rejuvenating steam session and a self-scrub body exfoliating experiences designed to be enjoyed with that someone special. Perfectly finished off with a rehydrating 30ml luxurious body balm of your choice that nourishes the skin for a flawless finish.

- Marula & Neroli balm 30ml
- Kalahari Melon balm 30ml
If you choose to enjoy this treatment alone and require any assistance please enquire with one of our therapists.

LUXURIOUS LEOPARD FACIAL & PEDICURE R650
90 minutes
Pamper yourself with one of our exclusive Ayana Spa facials and enhance and rejuvenate the feet with a pedicure for the ultimate glow and perfect detail.

HEALING HIKERS COOLING OIL & GEL RELIEF R490
30 minutes
A full leg and foot massage to relieve tired, achy lower body muscles with our award-winning antioxidant-rich and deeply detoxifying peppermint, rosemary and eucalyptus infused foot ritual products. Leaves you cooled and refreshed!

SAUNA/STEAM ROOM SESSION R195 per person
30 minutes

All About the Details

HANDS AND FEET
Full Manicure R350 60 min
Full Pedicure R350 60 min
Manicure & Wrap R420 70 min
Pedicure & Wrap R450 70 min
Express R250 30 min

BEAUTIFUL HANDS
Gel Polish R320 60 min
Gel Polish and Pedicure R450 90 min
Gel Removal R150

WAXING
Brows/Lips R35 60 min
Bikini R35 60 min
Full Bikini R42 70 min
Back/Chest R45 70 min
Under Arm R200 30 min
Full Leg R300 30 min
Half Leg R250 30 min
Full Arm R400 30 min
Half Arm R240 20 min

Children Spa on Safari

HAND PRINT MANICURE R120
20 min
Nourishing hand soak and massage with polish application

FOOT PRINT PEDICURE R120
20 min
Relaxing foot scrub and massage, with polish application

HIPPO BACK MASSAGE R130
20 min
A calming massage to soothe sore muscles and improve blood circulation after a safari drive. Available for children between 6 - 12 years.

Something to Take Home

Should you wish to continue your Healing Earth journey we have a wonderful selection of products passionately created using only the purest natural essential oils, clinically researched to suit your needs for a healthy, nourished and radiant result. Please enquire with your therapist about product specifically suited to your needs from our selection available to purchase directly from Ayana Spa.